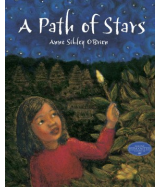


# Books to Help Children Cope with Grief and Loss

Fiction and Non-Fiction books in our collection for children age 3 to 12 coping with loss.



## **A Path of Stars**

by Anne Sibley O'Brien

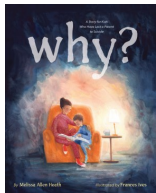
Dara's beloved grandmother, Lok Yeay, is grief-stricken when she learns her brother--left behind in Cambodia--has died, and it is up to Dara to bring Lok Yeay back to a place of happiness.



## **Sylvester's Letter**

by Matthew Burgess

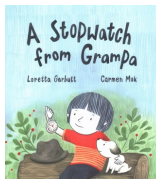
Sylvester imaginatively creates a special letter full of loving memories and shared moments for his favorite person, his beloved grandmother, even though she is gone.



## **Why? A Book for Kids Who Have Lost a Parent to Suicide**

by Melissa Allen Heath

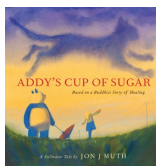
With help from his mother, a young boy named Oliver copes with the suicide of his father.



## **A Stopwatch From Grampa**

by Loretta Garbutt

A sensitive tale about loss gently incorporates the five stages of grief into the story of a young child who inherits a pocket-watch from a much-missed grandfather, who often used the watch to make their time together more special.



## **Addy's Cup of Sugar**

by Jon J. Muth

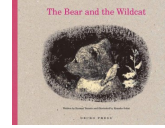
An uplifting picture book based on an ancient Buddhist legend returns readers to the world of the Caldecott Honor-winning Zen Shorts and finds Stillwater the Panda offering wisdom and comfort to a little girl whose kitten has passed away.



## **Maybe Tomorrow?**

by Charlotte Agell

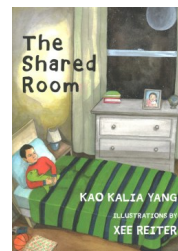
A tender exploration of loss and the power of supportive kindness, empathy and friendship depicts a kindhearted, butterfly-covered gator who helps a mourning purple hippo carry around a shrinking metaphorical block of sadness in the aftermath of a painful loss.



## **The Bear and the Wildcat**

by Kazumi Yumoto

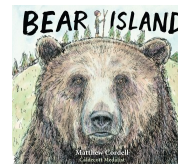
When the little bird dies, his friend the bear is inconsolable. Full of grief, he locks himself in his house and ventures out again only when the smell of young spring grass blows through his window. He always carries a small box, which he opens for no one. He meets a wildcat who understands his need to carry the box. As the cat plays on her violin, the bear remembers all the beauty he experienced with the little bird. Now he can bury his friend, keeping him alive in his memories and feelings.



## **The Shared Room**

by Kao Kalia Yang

A family gradually moves forward after the loss of a child.



## **Bear Island**

by Matthew Cordell

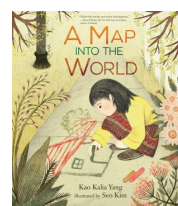
Louise and her family are sad over the loss of their beloved dog, Charlie. "Life will not be the same," Louise says, as she visits a little island that Charlie loved. But on a visit to the island after Charlie's death, something strange happens: She meets a bear. At first, she's afraid, but soon she realizes that the bear is sad, too. As Louise visits more often, she realizes that getting over loss takes time.



## **Dance Like a Leaf**

by A. J. Irving

As her grandmother's health declines, a young girl begins to take the lead in their cozy shared autumn traditions.

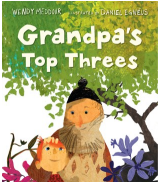


## **A Map Into the World**

by Kao Kalia Yang

Moving into a new home with her family, a young girl encounters both birth and death as she curiously explores life inside and outside her home, discovering beauty in and connection to the busy world.

# Books to Help Children Cope with Grief and Loss



## Grandpa's Top Threes

by Wendy Meddour

A young boy asks his grandfather a series of questions about his top three choices for sandwiches, stars, trains, jellyfish, fun days out, and grandmas.

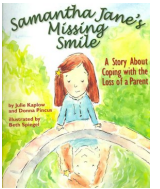


## A Stone for Sascha

by Aaron Becker

A little girl mourns the loss of her dog while walking along the beach during a first family vacation without him, discovering polished stones near the

shoreline as well as profound and comforting truths, in a poignant, wordless picture book by the Caldecott Honor-winning creator of Journey.



## Samantha Jane's Missing Smile: A Story About Coping with the Loss of a Parent

by Julie B. Kaplow

With the help of her neighbor Mrs. Cooper, Samantha Jane is able to talk about how

sad she is since her father died, and then she begins to feel better.



## Sitting Shiva

by Erin Silver

A little girl grieves the loss of her mother. Her friends and family arrive at her house to sit shiva, the Jewish practice of mourning the death of a family member, but she refuses to come downstairs.

Eventually, she comes out of hiding and feels solace with others. A beautiful, heartfelt story about grief, loss, comfort and the importance of community.



## Chip

by Federico Gastaldi

Told from a child's point of view, this moving picture book about losing a pet finds Atticus waking up to find his goldfish Chip gone and learns from his loved ones

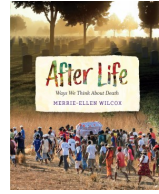
that sharing memories will see him through his grief.



## Goodbye: A First Conversation About Grief

by Megan Madison

Introducing the concept of grief, this book aims to normalize the topic of death by discussing what it means and how it feels to experience loss.

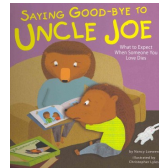


## After Life: Ways We Think About Death

by Merrie-Ellen Wilcox

Why do we die? Why can't we live forever? What happens to us after death? Moving between science and culture, After Life: Ways We Think About Death takes a

straightforward look at these and other questions long taboo in our society. By showing the fascinating, diverse ways in which we understand death, both today and throughout our history, the book also shines a light on what it is to be human.

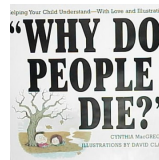


## Saying Goodbye to Uncle Joe: What to Expect When Someone You Love Dies

by Nancy Loewen

When someone you love dies, you might feel sad, lonely, and confused. What do

you do? No matter who your loved one was, this story can help you through the tough times.



## Why Do People Die? : Helping Your Child Understand

by Cynthia MacGregor

Suitable for every religion, a heartwarming guide helps parents contend with the questions, emotions, and fears

surrounding death by providing comfort for both parents and children to make the time of loss more bearable.



## Don't Despair on Thursdays!: The Children's Grief-Management Book

by Adolph Moser

Examines, in simple text, how to deal with feelings of grief when people or pets die, or when friends move away



## When People Die

by Jane Lacey

Death is difficult to deal with at any age, but for children who are handling it for the first time, it can be extra tough. This engaging book will help young readers learn to navigate this type of situation.

Whether it is a friend, family member, or acquaintance who has passed away, readers will learn about the best ways to handle death through the help of relatable stories and colorful illustrations. Practical advice is presented in a way readers of all ages can understand and implement into their own lives.