



# FOODIE FRIDAY: HOMEMADE POPSICLES!

Ingredients:

- DIXIE CUPS
- POPSICLE STICKS
- PLAIN YOGURT (OR DAIRY FREE OPTION)
- MAPLE SYRUP OR HONEY
- FRUIT OF YOUR CHOICE

Join us on Instagram Friday at 3:30 to learn how to make popsicles and see some summer book recommendations!